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JETLOG Corporation unveils the Power-Napping-Enabler

JETLOG Corporation unveils the Power-Napping-Enabler (PNE) introducing NASA fatigue countermeasure strategies to combat operator fatigue in the transportation- and logistics industry. (8/21/2002)

JETLOG develops PowerNapping devices to provide Maximum Fatigue Recovery in Minimum Time™. At the occasion of IAA, the already available JETLOG 24x7 PowerNapping Springboard™ for Handspring Visor handheld computer was transformed as a standalone PNE and was adapted to specific transportation and logistics requirements in cooperation with COTRANS LOGISTIC.

Marion Blakey, Chairman of The National Transportation Safety Board (NTSB - Washington, DC), warned that operator fatigue remains a primary cause of serious transportation accidents throughout the United States. "Many times and throughout all modes of transportation, our investigations have found that lost sleep equals lost lives," said Blakey.

Introducing proven and reliable napping strategies created by NASA, which incorporate a short Power Nap intended to terminate prior the occurrence of deep- and REM-sleep, post nap alertness and performance increase by up to 75%, bridging fatigue gaps for up to six hours. Since 1999, a 40-min. NASA Nap is implemented as preventive and operational fatigue countermeasure into the complete US railway industry whereas international aviation took the lead with Swiss (former Swiss Air) in 1992 already.



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“Fatigue represents not only a problem for astronauts and pilots”, said Herbert Hausherr, CEO of COTRANS LOGISTIC, „ JETLOG ´s innovative NASA-approach will also help our industry to reduce fatigue-related accidents and to further human-center around-the-clock operations.

JETLOG’s technology properly times Power Naps according to efficient sleep stages for beneficial fatigue recovery. Properly timing to prevent deep- and REM-sleep relieves negative post nap effects such as grogginess, disorientation, or headaches, and also avoids subsequent sleep loss, which would otherwise compromise regular sleep patterns. -more-

For that, JETLOG ´s PNE utilizes specifically designed sensors. The PNE initiates wake-up calls whenever users start diving into deep- or REM sleep by detecting a significant drop of correlated muscle tension.

The JETLOG PNE provides options for discrete wake-up calls via included headsets and personal wakeup sequence recordings over a microphone.

“The IAA Commercial Vehicles provides excellent opportunities to fine-tune with the international transportation- and logistics industry,” said Karim Daghbouche, President & CEO of JETLOG Corporation, “The dramatic need for appropriate fatigue countermeasures as well as the high level of innovation-driven attitude constitute the prime reasons for transportation and logistics to be JETLOG ´s vertical of choice.”

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